

## Parent Conversation Guide

Turn a competition observation into a productive coach conversation.

### WHAT I NOTICED

Something my gymnast felt good about:

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A moment I would like to understand better:

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A question I can ask without assuming a scoring error:

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### TALK WITH THE COACH

What was our primary goal for this routine?

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Which strength should my gymnast keep building?

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What one or two skills would be useful to practice next?

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### NEXT STEPS

A positive takeaway for my gymnast:

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One focus to revisit at the next practice:

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#### REMEMBER

Use this worksheet for supportive education, not to dispute official scores.